

Hello. My name is Larissa Mosca and I'm a Traditional Chinese Medicine Acupuncturist. I graduated from Manchester Metropolitan University in 2014 and never stopped learning since! I spent some time in Taiwan, a country where acupuncture is available in hospital, as well as privately, which inspired me to treat a wide range of ailments and age groups, including children.



Acupuncture is an ancient form of medicine, dating back to 4000BC. Rather than treating symptoms, acupuncturists look for the root cause of the problem, by taking into consideration your whole wellbeing, both physical and emotional. It is a very effective treatment in a variety of conditions: aches and pains, headaches, insomnia, stress and anxiety, down to feminine issues and fertility. The treatment itself consists in fine needles being inserted in various body points, found along meridians. It sounds far scarier than what it is: the needle insertion is virtually painless and, as the needles work on rebalancing your body and mind, you'll experience a great sense of relaxation.



Get in touch on 07917 290899 or drop me an email on [larissa@acupuncture-room.co.uk](mailto:larissa@acupuncture-room.co.uk) to enquire about acupuncture

[www.acupuncture-room.co.uk](http://www.acupuncture-room.co.uk)

My clinic, LAR Acupuncture & Wellbeing, is in the heart of Penwortham: 51B Liverpool road, Penwortham, PR1 9SX. It is open by appointment only so you will have my undivided attention during your treatment. It is not the usually clinical setting found in most acupuncturists' treatment rooms, as I believe in providing a calming and welcoming environment, as well as a safe one. Treatments last approximately 50 minutes and are charged £42 but expect to be in for longer on your first appointment, as we need to go through an initial consultation. Does this sound intriguing? Would like to give it a go but can't think of any health issues you'd like to work on? Many people come for general wellbeing reasons too as they love the feeling acupuncture gives them.