



# Kenworthy Chiropractic

*Making Life Better*

## Kenworthy Chiropractic

Kenworthy Chiropractic is situated conveniently in the heart of Preston City Centre. Our qualified team offers chiropractic treatments that are gentle, drug free and effective. Chiropractors can treat a wide range of conditions including general, acute and chronic back, neck and shoulder pain; musculoskeletal issues affecting the joints and posture; sciatica; sports injuries; pregnancy related issues; headaches; migraine prevention; lumbago; plantar fasciitis and muscle pain amongst many others.

Chiropractic is a gentle, precise and effective method of adjusting bones and joints to improve skeletal alignment. This method of treatment allows the nervous system to work more efficiently, helps to relieve pain and improve mobility.



Johanna is the principle chiropractor at Kenworthy Chiropractic, she was a Psychology teacher before retraining. Her passion is to make people feel better, move better and live better. Johanna's patients range from birth to 92 years old. She has a special interest in pregnancy related pelvic pain and helps many women get through pregnancy in less pain.

### What To Expect

A full medical history is taken to ensure that Chiropractic is a safe and appropriate treatment for the presenting symptoms. Patients will be asked about past and current illnesses, medications, previous accidents or surgery and a description of the current condition.

Once a full history has been recorded you will undergo a series of basic health checks followed by a series of neurological; orthopaedic and range of motion assessments. These tests help to determine the reason for the pain and to identify any positions that trigger the pain. You will then receive a treatment and will be advised upon the optimization of your chiropractic care. The number of sessions needed will depend on the condition you present with, how long you have had it and other lifestyle factors. But our aim is to resolve your issue with the minimum number of treatments possible.

### Price list

New patient consultation and treatment: £60      Follow up: £40

Tel: 01772 379 520

Facebook: Kenworthy Chiropractic

Website: Kenworthchiropractic.com

Find us at: 9 Theatre Street Preston PR1 8BQ

**KENWORTHY CHIROPRACTIC MAKING LIFE BETTER**